Jun 2024

Celebrate Pride Remove Barriers

wellbeing solutions

Pride Month: Enhancing LGBTQIA+ Mental Wellbeing

✔ **Celebrate Diversity:** Champion the mental wellbeing of the LGBTQIA+ community.

✔ **Overcome Obstacles:** Discover ways to cultivate acceptance, confront discrimination, and develop inclusive environments.

✔ **Advocate for Inclusivity:** Engage in supporting mental health, enrich your understanding, become an ally, and help build a community that upholds equality for everyone.

Scan the QR code to explore the unique challenges faced during Pride Month, and find resources to support LGBTQIA+ mental health and resilience.

counselling
& advice helpline

📞 **0800 328 1437**

💻 **employeeassistance.org.uk**